



CHARITY SHOP

Fundraising by recycling



THE CAVE

All about social connections, sharing skills & building friendships



CHATTERBOX

Support, a listening ear & advise for carers



STRENGTH AND BALANCE

Focusing on improving strength, balance & suppleness



CAR SCHEME

Volunteer drivers providing transport for local people



GREEN END DAY CLUB

Providing fun, friendship & good food to it's members



COFFEE SHOP

Share a cuppa & cake with friends



COMMUNITY SUPPORT

Co-ordinating prescription deliveries

VOLUNTEERING

Helping CARESCO to support our local community



CHRISTMAS DAY PARTY

Food, fun & festive celebrations



CARESCO GARDEN

A peaceful space for all to enjoy



TUCK SHOP

Providing hot snacks for community events



FUNDRAISING

Help us help others



SOUNDS GOOD

A social group who enjoy music & the spoken word



SAWTRY FOODBANK

Providing emergency food for local people in crisis



SAWTRY EYE

Village magazine offering local news for local people

